

# HMKTKD Promotional Exam Form

Current Level: White Belt



Name: \_\_\_\_\_ Exam Date: \_\_\_\_\_

Current Rank: 10.0 Belt Size: \_\_\_\_\_

Examiners: \_\_\_\_\_

(Current Rank)  
↓

## Basics:

## Comments

T: 0 0 0 0 0

**Forward Punch (Horse)**

P: 0 0 0 0 0

T: 0 0 0 0 0

**Attack Punch**

P: 0 0 0 0 0

T: 0 0 0 0 0

**Low Block**

P: 0 0 0 0 0

T: 0 0 0 0 0

**Medium Block**

P: 0 0 0 0 0

T: 0 0 0 0 0

**High Block**

P: 0 0 0 0 0

T: 0 0 0 0 0

**Spear Hand**

P: 0 0 0 0 0

T: 0 0 0 0 0

**Knife Hand**

P: 0 0 0 0 0

T: 0 0 0 0 0

**Side Medium Block**

P: 0 0 0 0 0

T: 0 0 0 0 0

**Cat Stance**

P: 0 0 0 0 0

## Kicks:

T: 0 0 0 0 0

**Front Kick**

P: 0 0 0 0 0

T: 0 0 0 0 0

**Side Kick**

P: 0 0 0 0 0

T: 0 0 0 0 0

**Turnaway Kick**

P: 0 0 0 0 0

## Jump Kicks:

T: 0 0 0 0 0

**Jump Front Kick**

P: 0 0 0 0 0

T: 0 0 0 0 0

**Jump Side Kick**

P: 0 0 0 0 0

T: 0 0 0 0 0

**Jump Turnaway Kick**

P: 0 0 0 0 0

## Kibon Series (1):

T: 0 0 0 0 0

**Hyung, 1, 2, 3, 4**

P: 0 0 0 0 0

Proposed Rank: \_\_\_\_ . \_\_\_\_

New/Final Rank: \_\_\_\_ . \_\_\_\_