

HMKTKD Promotional Exam Form

Current Level: White Belt



Name: _____ Exam Date: _____

Current Rank: 10.0 Belt Size: _____

Examiners: _____

(Current Rank)
↓

Basics:

Comments

T: 0 0 0 0 0

Forward Punch (Horse)

P: 0 0 0 0 0

T: 0 0 0 0 0

Attack Punch

P: 0 0 0 0 0

T: 0 0 0 0 0

Low Block

P: 0 0 0 0 0

T: 0 0 0 0 0

Medium Block

P: 0 0 0 0 0

T: 0 0 0 0 0

High Block

P: 0 0 0 0 0

T: 0 0 0 0 0

Spear Hand

P: 0 0 0 0 0

T: 0 0 0 0 0

Knife Hand

P: 0 0 0 0 0

T: 0 0 0 0 0

Side Medium Block

P: 0 0 0 0 0

T: 0 0 0 0 0

Cat Stance

P: 0 0 0 0 0

Kicks:

T: 0 0 0 0 0

Front Kick

P: 0 0 0 0 0

T: 0 0 0 0 0

Side Kick

P: 0 0 0 0 0

T: 0 0 0 0 0

Turnaway Kick

P: 0 0 0 0 0

Jump Kicks:

T: 0 0 0 0 0

Jump Front Kick

P: 0 0 0 0 0

T: 0 0 0 0 0

Jump Side Kick

P: 0 0 0 0 0

T: 0 0 0 0 0

Jump Turnaway Kick

P: 0 0 0 0 0

Kibon Series (1):

T: 0 0 0 0 0

Hyung, 1, 2, 3, 4

P: 0 0 0 0 0

Proposed Rank: ____ . ____

New/Final Rank: ____ . ____